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| COVID -19 GUIDELINES AND INSTRUCTIONS Covid-19 Guidelines or ProtocolsWear face mask and face shield.Sanitize your hands.Practice one-meter physical distancing and limit physical interaction.Ensure good indoor ventilation and air flow. | |  | | --- | | Covid-19 Sign & SymptomsFever or chillsCoughShortness of breath or difficulty breathingFatigueMuscle or body achesHeadacheNew loss of taste or smellSore throatCongestion or runny noseNausea or vomitingDiarrhea | | |  | | --- | | IMF Financing and Debt Service Relief | |  | | All You Need to Know about Covid-19 | |  | |
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| Your COVID-19 Vaccination | CDC Where to get Vaccinated **The vaccine is not compulsory meaning you have a choice to take the vaccine or not so for the person who wish to take the vaccine pay your local medical station or the hospital to get yourself vaccinated** | Corporación Kimirina - EASL 2021: Tenofovir would prevent severe forms of  COVID-19 in people with chronic hepatitis B | COVID-19 Vaccine rollout and the National Immunization Program Covid-19 Vaccines **Moderna**  **Pfizer**  **AstraZeneca**  **Johnson & Johnson.** Where to get tested for Covid-19 **If you contracted the Covid-19 virus or you find that you have symptoms, you are asked to check your local doctors or a medical station or a hospital to get yourself tested** |